



CLEANING PATIENT ROOMS

NOTE: We will assist in the general cleaning of your office; it is up to the individual practitioner to monitor infectious disease control and maintain a sterile environment. We have developed very specific techniques to clean patient rooms in a medical building. These techniques are required in order to clean the patient room.

The following items are used when cleaning a patient room in a medical complex

- Disposable gloves, face masks, waste basket liners, red bags, soap refills, paper refills, mop bucket, clean mop heads, dust pan, germicidal cleaner, non-acidic bowl cleaner, glass cleaner, stainless steel cleaner, fresh cloths, toilet bowl brush, deodorizer, high duster, bucket with warm water and a disinfectant, bucket with warm water and a germicidal cleaner, HEPPA vacuum
- Use disposable gloves
- Use an extended height dust wand to clean ceilings, ceiling fixtures, tops of doors, window moldings, window treatments, and blinds
- Clean all surfaces of the overhead operating lights with an approved disinfectant
- Clean window ledges and sills
- Spot clean windows
- Spot clean walls with a germicidal solution
- Clean the entire wall each week using a germicidal solution (TAG WORK)
- Empty waste baskets into red bags, treating them as infectious waste (Appendix A)
- Wipe down the inside, outside, and bottom of basket using a damp cloth treated with a disinfectant
- Remove gloves and place in the trash
- Wash hands don new gloves
- Clean tables and pads on all sides with a clean cloth treated with a germicidal solution. Change the solution and cloths often.
- Clean bed rails and footboard with a disinfectant treated cloth
- Clean side tables, dressers, and chairs using a disinfectant treated cloth
- Vacuum cloth furniture
- Disinfect other furniture such as telephones, televisions, remotes, lamps, closets, mirrors, and pictures.
- Clean inside of drawers when they are emptied by the doctor
- Dust pictures and mirrors
- Use a glass cleaner on mirrors
- Wipe medical equipment with a medium level disinfectant
- Sensitive equipment such as monitors can be cleaned with a cloth and a neutral cleaner
- Other items that come in contact with the sink such as blood pressure cuffs require low level disinfection
- Move any furniture that is not stationary
- Vacuum using a HEPPA filter and dump contents into a red bag
- Wet mop using a micro-fiber mop with a germicidal solution working from one corner outward in a figure 8 pattern out the door
- Use a new mop head for each half of the floor
- Allow mop solution to sit on floor for 5 minutes
- Place used mop heads in a bag to be laundered
- Use a wet-vac to clean germicidal mop water
- Make a final inspection to ensure the room was put back into order and all cleaning was attended to